

THOUGHTS ABOUT YOUR TRIANGLE LEATHER

The symbol of the YMCA is the triangle, and it is the strongest figure known. Each side is equal in length. One side stands for your BODY; one side stands for your MIND; and one side stands for your SPIRIT. Each one of these parts of you should be equally developed. One side should not be bigger or stronger than any of the others. Are you equally developed in **body**, **mind**, and **spirit**?

Maybe your **body** could be even stronger and healthier. Maybe you can think of a way to improve your **mind** (like at school) or maybe your **spiritual** side (like at church). Talk this over with your counselor.

Everyone who takes a Triangle at YMCA Camp thinks of some way that he or she could become a better person. Challenge yourself to try to do things for the next year that will make you even a better person in **body**, **mind**, and **spirit**. In the space below write down your ideas for becoming a better person so you won't forget them.

Name

Date

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LEATHER'S CREED

I would strive to grow
by keeping my body healthy and clean,
by keeping my mind open and free,
and by letting my Spirit guide me.
I would strive to do all three because
each is equally a part of me.

LORD'S PRAYER

Our Father which art in heaven, Hallowed
be thy name. Thy kingdom come. Thy will
be done on earth, as it is in heaven. Give
us this day our daily bread, and forgive us
our trespasses, as we forgive those who
trespass against us, and lead us not into
temptation, but deliver us from evil.
For thine is the kingdom, and the power,
and the glory forever. Amen

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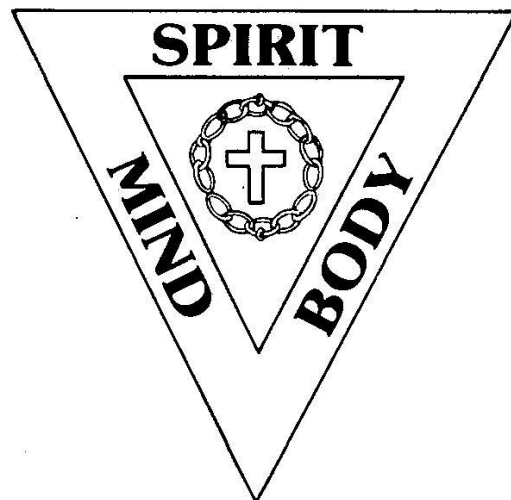
Triangle Study Card



For first year campers under twelve,
and who wish to accept the challenge
to grow in BODY, MIND, AND SPIRIT.

YMCA

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